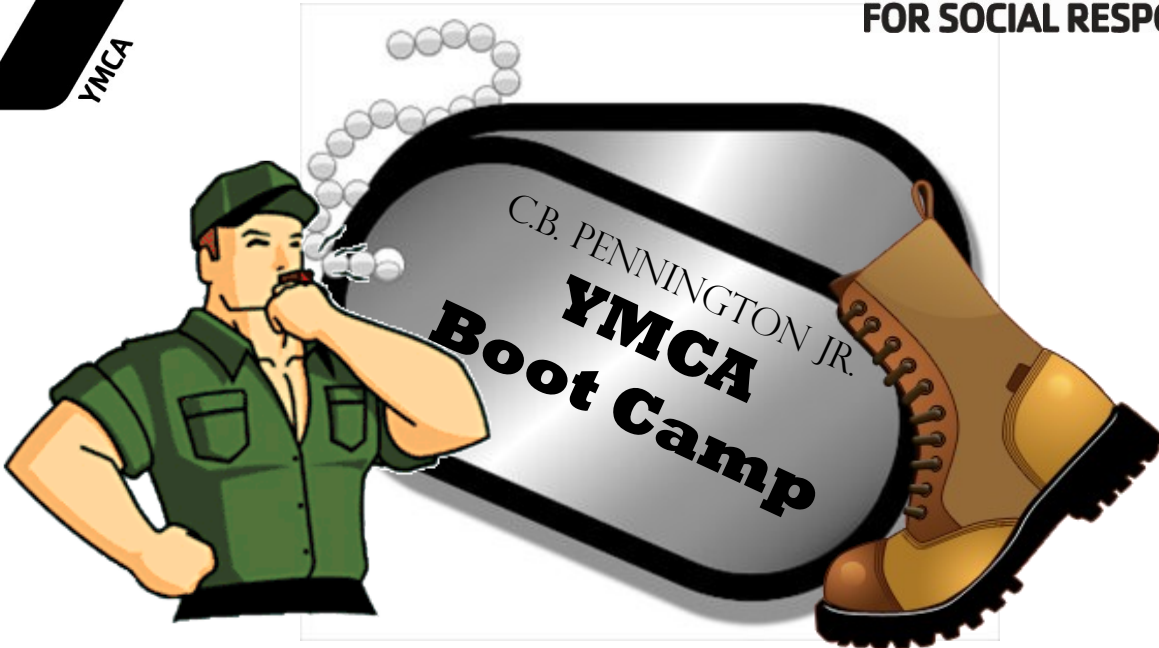


**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



12 Day Mini Boot Camps
Members: \$40/ per session
Non-members: \$60/ per session

- I. Jan 2—Jan 30 II. Feb 1—Feb 29 III. Mar 2—Mar 30
IV. Apr 2—Apr 30 V. May 2—May 30

Sign up for multiple sessions at the same time and get \$10 dollars off each session.

Monday and Wednesday evening 6:30pm – 7:30pm
Saturday Morning 10:00am—11:00am

Sessions will be held Outside (weather permitting), Aerobic Room, and in the gym. All you need is a towel, water bottle, and a good attitude.

For more information contact Dina Cooper:
Sr. Program Director—C.B. Pennington Jr. YMCA
(225)272-9622 or dcooper@ymcabatonrouge.org
15550 Old Hammond Hwy.
Baton Rouge, LA 70816
ymcabatonrouge.org



2012 BOOT CAMP REGISTRATION FORM
C. B. Pennington Jr. YMCA
Phone: (225) 272-9622

Must be 16 years or older to participate

Participant's Name _____

Address _____ City _____

State _____ Zip _____ DOB: _____ Age: _____

Gender: _____

Phone: _____ E-mail: _____

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each session.

Please complete a separate registration form per participant per session.

Refunds will be dealt with on a case by case basis.

There is a \$25 charge on all returned checks.

The YMCA does not provide accidental/medical insurance for program participants.

I recognize that participation in YMCA activities may expose me to some risk of injury. I agree to hold the YMCA harmless from any claims for damage to any property or injury to persons which may occur through participation in any activity at the YMCA or in its programs. In case of emergency or accident, and I am not capable of directing my own care, I hereby grant the YMCA director or his/her agent to secure proper medical treatment and transportation for me to an appropriate facility for treatment.

The YMCA reserves the right to use photographs taken of program participants and their family for marketing and publicity.

I have read and understand the above information.

Signature of Participant

Date

YMCA of the Capital Area Mission: Our YMCA is an Association of persons united in a common effort to enhance the quality of life, spiritually, mentally, and socially, for all, in the communities we serve through the ecumenical application of Christian principles.

Scholarships are available for all YMCA programs based on financial need and availability of funds.

Non-members

*dates and times are subject to change based on participant interest

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