



Headed out into nature? Here are some things that you should consider bringing with you whenever you take your kids into the great outdoors to explore.

10 FOR SAFETY

- A CELL PHONE.
- PLENTY OF WATER.
- HATS.
- SUNSCREEN.
- BUG SPRAY.
- SHOES THAT COVER YOUR FEET.
- A FIRST AID KIT.
- FOOD TO MUNCH ON.
- A WHISTLE.
- LIFE JACKETS IF ON OR NEAR OPEN WATER.

10 FOR FUN

- A CAMERA.
- SOMETHING TO THROW AND CATCH.
- A BLANKET TO SIT ON.
- A MAGNIFYING GLASS.
- A FIELD GUIDE (FOR IDENTIFYING PLANTS AND ANIMALS)
- A BUTTERFLY NET.
- A BUG BOX (OR ANY CONTAINER YOU CAN SEE THROUGH)
- SOME NOTEBOOKS, PENCILS, AND CRAYONS FOR DRAWING
- A FISHING POLE AND SOME BASIC TACKLE (IF APPROPRIATE)
- A SMALL PAIR OF BINOCULARS.

AND REMEMBER

Always let someone know where you are going and when you plan to be back.
Wherever you go, leave it better and cleaner than you found it.